

absolute insight



Paul's Piece



INSIDE THIS ISSUE:

We are moving!	2
Infection Control at ADC	4
Invisalign	4
Communication with Patients	4

**We are
always
welcoming
new
patients.
The greatest
compliment
you can pay
me is to
refer our
services to
your friends**

What is happening with the weather? One minute it is hot, then very mild then wet and now hot again. Grass is green then turns brown or looks dead and then one shower of rain and green again in 1-2 days. Hopefully the autumn months of wonderful Brisbane weather will kick in shortly.

2018 has kicked off with a bang for us at Absolute Dental Care (ADC). I am so blessed to have such a wonderful and loyal team who have kept the practice running whilst we were short staffed. Coralie at front office has recently returned from maternity leave and runs all the front office administration so well. She has been with us for a little over 9 years and I am eternally grateful to have her back as the practice purrs along beautifully when she is around. Qian (my dental assistant) has been with us for nearly 9 years and is worth her weight in gold. She keeps me on the straight and narrow every day and some days you would think she is the boss (in fact they are all like this). Casey our hygienist has also been with us for just over 6 years and she too is an asset to have around pitching in with other duties outside her normal duties and helping patients maintain or improve their oral health. Lastly is Sophia

(our other hygienist) who has been with us for nearly 5 years and she too does an amazing job. These ladies are the backbone of ADC and without them the practice would not function the way it does. Thanks ladies, your blood is worth bottling.

At this point I would like to welcome Melissa Young to our practice. Melissa is a qualified hair dresser and beauty therapist and has chosen Dental Assisting as her new challenge in life. She is a kind and caring individual. We look forward to having her being part of our team for a long time. Melissa will be both in surgery and at the front reception. Come in and say hello. We are excited to have her on board.

2018 will be a huge year for us at ADC, the biggest news: WE'RE MOVING in September. Yes after being in our current location and renting for 16 years, we have bought a new premises



which is bigger, more modern, better parking and allows us to expand the surgery. But don't be concerned. The planned move is not until September this year and we are only moving across the road into the new hospital. We have great exposure and are on the ground floor. We will have access to the hospital theatres (if required) and several specialists are moving into the building so we will have access to their skills as well making it easier for patients. We will also have some dedicated car parks for our patients which will make it easier for them. Of course the train station is also adjacent to the new building.

We will have 4 surgeries, a large reception, dedicated office space, large instrument processing room (sterilising room), teeth cleaning sink for patients amongst other little surprises all within a brand new building. The building is very modern and looks spectacular (see attached photos). We are super excited about the move and a brand spanking new surgery in a very professional environment. Stay tuned for more details.

On a dental note, Active Maintenance appointments (AM) are an extremely important facet of helping our patients maintain their oral health. At these appointments, not only does

Continued page 2

Paul's Piece cont'd

the dentist come and identify any issues going on in your mouth in your mouth (identify decay, cracks in teeth, failing fillings, gum and jaw bone disease, pathology etc) but the hygienist plays an equally important role. Casey or Sophia will also check over your teeth (so now you have two sets of eyes looking at your teeth), they will help modify patients cleaning regimes to help make them more ideal and lastly they will remove all the calculus and plaque to get you back to a level that makes it much easier to maintain. Unfortunately

some patients see this as "only a clean" which couldn't be further from the truth. Skipping these appointments or not making one at all means will remove all the calculus and plaque to get you back to a level that makes it much easier to maintain. Unfortunately some patients see this as "only

a clean" which couldn't be much harder for themselves and their risk of disease increases.

On a personal note, we are very proud of my son who has just obtained his Australian Scout Medallion

which is the highest award in the Scout Section. This is a huge achievement and has taken him 3 years to accomplish and has included several expeditions, leadership courses and many other requirements.

Congratulations also goes to my daughter for getting into the Dance Excelerate program in high school and my wife for being accepted as a dancer in the opening ceremony in the Commonwealth Games.

Until next time, keep smiling and stay safe.



We are moving!!



Absolute Dental Care is moving later this year. We are scheduled to move in about September. It's just a short move to the **new hospital across the road**, but it will be a rather big exercise.

We will have four surgeries, so there will be plenty of room to grow.

There will be **onsite car parking** with four parks allocated to Absolute Dental Care.

Follow us on Facebook to stay updated with the progress of the move, and we will be advising patients via phone at reminder calls once the move has taken place.

We look forward to our new rooms!

PRACTICE HOURS

Did you know that we are open from **8.00am** weekdays and one week we close at **5.00pm**, the next week we close at **7.00pm**. Pretty good hey?

The practice is closed on the weekends.

OUR MOST POPULAR APPOINTMENT TIMES:

The most popular times for patients are **8.00am** and anytime after **3.00pm** every day. If you want any of these times you may need to book ahead.



FOLLOW US ON facebook

ADC's Dental Product Recycling

Absolute Dental Care now has a recycling program in place for all of your dental product packaging waste.

"TerraCycle is Eliminating the Idea of Waste® by recycling the "non-recyclable." Whether it's coffee capsules from your home, pens from a school, or plastic gloves from a manufacturing facility, TerraCycle can collect and recycle almost any form of waste".

This allows the diversion of millions of kilograms of waste from landfills and incinerators each month.

Program accepted waste: Toothpaste tubes and caps, toothbrushes, toothbrush and toothpaste tube outer packaging, floss containers

Please note: Electronic toothbrushes and electronic toothbrush parts are not recyclable through this program.

In order to recycle this waste properly, please make sure all excess product has been removed (i.e.

leftover toothpaste or floss). If you choose to rinse your product, please note that it must be completely dry prior to drip off.

Once collected, the tubes and brushes are separated by composition, shredded and melted into hard plastic that can be remolded to make new recycled products.

TerraCycle points can be redeemed for a payment of \$0.02 per unit received to the non-profit organisation or school of your choice. Absolute Dental Care will be passing all our rewards to Scouts Queensland.

We have a collection bin located in our reception area, so please bring your products for recycling to your next visit.

For more information on TerraCycle's programmes, visit their website at www.terracycle.com.au

Welcome Melissa



Melissa joined our team in February this year and will join Coralie at reception and Qian and Paul in the surgery as a dental assistant.

Melissa moved to Brisbane from Sydney a few months ago and lives locally.

Melissa enjoys learning new skills and is enjoying learning about dentistry. Her experience ranges from customer service and reception and she is looking forward to a career in dentistry.

Melissa enjoys the outdoors and activities such as surfing and hiking and loves to try new things.

Melissa loves the ocean and scuba diving and snorkelling.

Melissa enjoys fitness on a regular basis and also enjoys anything to do with music.

Melissa enjoys meeting new people with a smile.



Communication with Patients and/or their carers

Absolute Dental Care regularly provides patients and/or carers with information about infection prevention and control measures as implemented by the practice. This includes information about safety and quality performance in accordance with Absolute Dental Care's 'Partnering with Consumers Policy'.

This is provided through various means as required:

- Absolute Dental Care's website
- Absolute Dental Care's blog
- Patient Information Brochures
- Signage or Posters
- Practice (e-)newsletters
- Verbal communication

Visit us again soon at:

4/15 Morrow Street
Taringa, Qld 4300
Phone: 07 3870 1300
admin@absolutedentalcare.com.au

We're on the Web!
See us at:
www.absolutedentalcare.com.au



Infection Control at Absolute Dental Care

At Absolute Dental Care we take great care to provide our patients with **quality dentistry and care**. Part of this is to ensure we maintain a **high level of infection control** in our practice. We have multiple procedures and policies in place for all team members to follow to make sure there are not any breaches or possible transmission of contaminated instruments/materials between patients and equipment.

Absolute Dental Care has undergone the **accreditation process** with Quality Innovation Performance and the Australian Dental Association.

The major benefit of seeking accreditation is that it gives a clearly-defined way of measuring how compliant a practice is with the many regulations and guidelines governing the dental profession to ensure its compliance with legislative and regulatory requirements.

As part of our ongoing practice of infection control, we regularly:

- Undertake internal and external audits
- Have training on infection control policies and procedures
- Thoroughly train new team members
- Ensure annual autoclave validation
- Ensure annual laser validation and calibration
- Ensure annual radiography validation
- Undertake hand hygiene online courses annually
- Implement infection control updates
- Attend Continuing Professional Development courses



Invisalign – a clear alternative

If you're ready for a smile that transforms your appearance, **Invisalign** is your answer.

Invisalign treatment straightens your teeth through a series of clear, comfortable and removable aligners. Each aligner is slightly different, moving your teeth gradually into the desired position.

For more information on Invisalign, contact the practice for a factsheet or check out our website:
www.absolutedentalcare.com.au/services/invisalign

